ᐋᓐᓂᐊᓕᕐᓂᐊᓐᖓᓇᕕᑦ ᖃᐅᔨᓴᕐᑎᐊᕐᓗᑎᑦ

ᐱᓕᕆᖃᑕᐅᔪᓐᓇᖅᑐᑎᑦ ᖃᓂᒻᒪᓐᖓᑦᑎᐊᕐᓂᐊᕋᕕᑦ ᐊᒻᒪᓗ ᐊᐃᑦᑐᐃᓂᐊᓐᖓᓐᓇᕕᑦ ᐋᓐᓂᐊᓇᖅᑐᒥᒃ. ᐅᑯᐊ ᐊᑖᓂ ᐅᖃᖅᓯᒪᔪᑦ ᒪᓕᑦᑎᐊᕐᓗᒋᑦ:

ᑲᐱᔭᐅᓗᑎᑦ ᖃᓂᒪᔪᓂᑦ ᐊᐃᑦᑐᖅᑕᐅᓂᐊᓐᖓᓐᓇᕕᑦ

ᑲᐱᔭᐅᑎᑦᑎᖃᑦᑕᕐᓂᖅ ᐊᕐᕌᒍᑕᒫᑦ ᐅᓇ ᐊᑑᑎᖃᕐᓂᕐᐸᐅᔪᖅ ᐋᓐᓂᐊᓕᕋᔭᖅᑑᒐᓗᐊᓄᑦ ᐊᒻᒪᓗ ᐊᐃᑦᑐᖅᑕᐅᒐᔭᖅᑑᒐᓗᐊᓄᑦ ᐋᓐᓂᐊᓇᖅᑐᓂᑦ.

ᐅᐊᓴᖅᓵᓕᕝᒐᓗᒋᑦ ᐊᒐᑎᑦ

ᐅᐊᓴᐃᓐᓇᖃᑦᑕᕈᕕᒋᑦ ᐊᒐᑎᑦ ᐅᐊᓴᐅᑎᖃᕐᓗᑎᑦ ᐊᒻᒪᓗ ᐆᓇᔪᒃᑐᒥᒃ ᐃᒥᕐᒧᑦ 20 ᓴᑲᓐᓴ ᐃᑲᔪᕈᓐᓇᖅᑐᖅ ᐊᖅᓯᓗᓂ ᐋᓐᓂᐊᓇᖅᑐᓂᒃ ᐊᒻᒪᓗ ᖁᐱᕈᓂᒃ. ᐅᐊᓴᕐᐸᒃᓗᑎᑦ ᓂᕆᓂᐊᓵᕐᓗᑎᑦ ᐊᒻᒪᓗ ᓂᕆᐊᓂᒃᑯᕕᑦ, ᐃᓄᒋᐊᒃᑑᓕᐅᕐᓗᑎᒃᓗ ᐅᐊᓴᖃᑦᑕᕐᓗᒋᑦ ᐊᒐᑎᑦ, ᖁᕐᕕᒃ ᐊᑐᐊᓂᑐᐊᕋᖓᖕᓂ, ᖁᐃᖅᓱᕋᖓᕕᑦ ᑕᒋᐅᒃᑳᖓᕕᑦᓘᓐᓃᑦ ᐊᒻᒪᓗ ᐊᒃᑐᖅᓯᓚᐅᖅᑎᓪᓗᑎᑦ ᓱᓇᑐᐃᓐᓇᓂᒃ ᐋᓐᓂᐊᓕᕈᑕᔪᓐᓇᖅᑐᓂᒃ ᓱᕈᔪᒃᓯᒪᔪᓂᒃ. ᐅᓇ ᐃᒥᐊᓗᒃᓱᓐᓂᓲᑦ ᐅᐊᓴᐅᑎᕋᓛᑦ ᑐᖁᓴᐅᖃᑕᐅᔪᓐᓇᕐᓂᕐᐸᐅᔪᑦ ᐋᓐᓂᓕᐊᕈᑕᐅᔪᓐᓇᖅᑐᑦ.

ᐊᒐᑎᑦ ᑮᓇᕐᓗᑦ ᐊᒃᑑᑎᓗᐊᖅᑕᐃᓕᓗᒋᑦ

ᑕᐃᒪᖓᓂᑦ, ᐅᓇ ᐋᓐᓂᐊᓇᖅᑐᖅ ᑎᒥᒧᐊᓲᖕᖓᒪᑦ ᐃᔨᑯᑦ, ᕿᖓᑯᑦ ᐅᒡᓚᓗᓐᓃᑦ ᖃᓂᒃᑯᑦ.

ᖁᐃᖅᓱᖃᑦᑕᕐᓗᑎᑦ ᑕᒋᐅᖃᑦᑕᕐᓗᑎᑦ ᑕᓕᕐᓄᑦ, ᐊᒐᖕᓄᓐᖓᑦᑐᖅ

ᑲᒃᑭᐅᑎᒃᓴᒥᒃ ᐊᑐᕈᕕᑦ, ᐃᒋᓪᓗᒍ ᐃᖅᑮᓐᓇᖅ ᐊᒻᒪᓗ ᐊᒐᑎᑦ ᐅᐊᓴᓕᕐᓗᒋᑦ.

ᐅᐸᒃᓯᒪᖃᑦᑕᕐᑕᑎᑦ ᑕᒪᒃᑯᐊ ᓱᕐᓗ ᑭᐳᐃᑦ ᐊᒻᒪᓗ ᓴᓗᒪᑎᑦᑎᐊᕐᓗᒍ

ᐹᑉ ᑎᒍᒥᕕᖕᒋᑦ, ᖃᐅᒪᖁᑎᑦ ᐃᑭᔾᔪᑎᖕᒋᑦ, ᐅᖃᓘᑎᑦ, ᓇᕿᑦᑕᐅᑎᑦ ᐊᒻᒪᓗ ᐊᓯᖕᒋᑦ ᖃᓛᑦ ᓱᕈᕈᓐᓇᖅᑐᑦ ᖃᓄᓇᑦᑐᑐᐃᓐᓇᓂᒃ ᖁᐱᕈᓂᒃ ᐊᒻᒪᓗ ᐋᓐᓂᐊᓇᖅᑐᓂᒃ. ᐊᑯᓚᐃᓪᓗᒍ ᓴᓗᒻᒪᖅᓴᐸᒃᓗᒍ ᐊᒻᒪᓗ ᖁᐱᕈᐃᔭᑦᑎᐊᕐᓗᒍ ᐃᑲᔫᑎᓂᐊᖅᑐᖅ. ᐋᓐᓂᐊᓕᕐᓇᖅᑐᑦ ᐆᒪᔪᓐᓇᖅᑐᑦ ᑎᓯᔪᓂ ᖃᓇᔭᐅᔪᓂ ᑎᑭᐅᑎᓗᓂ 48 ᐃᑲᕐᓄᑦ.

ᖃᓂᒪᒍᕕᑦ, ᐊᖕᒋᕋᖅᓯᒪᒋᑦ

ᐋᓐᓂᐊᕈᕕᑦ, ᐊᖕᒋᕋᖅᓯᒪᒋᑦ ᐃᓕᓐᓂᐊᓐᖓᓪᓗᑎᑦ ᓴᓇᔭᖅᑐᖕᒋᓪᓗᑎᓪᓘᓐᓃᑦ ᑭᓯᐊᓂ ᖃᓂᒪᔪᓃᕈᕕᑦ. ᐋᓐᓂᐊᓕᕐᐸᓪᓕᐊᑐᐃᓐᓇᕈᕕᑦ, ᐅᖃᓗᒡᕕᒋᓗᒍ ᐋᓐᓂᐊᕕᒃ.

© Her Majesty the Queen in Right of Canada, 2010 • ISBN# 978-0-662-03434-6 • CAT# HP40-14/2010S-PDF

ᐅᖃᐅᓯᕆᖃᑦᑕᕐᓗᒍ ᐋᓐᓂᐊᖃᖅᑕᐃᓕᑎᑦᑎᓂᖅ

ᑎᓕᐅᕐᓗᒋᑦ ᐊᓯᑎᑦ ᒪᓕᒃᓗᑎᒃ ᐅᑯᓂᖓ. ᕿᑐᕐᖓᖃᕈᕕᑦ, ᐃᓕᓐᓂᐊᕐᑎᑦᑎᓗᑎᑦ. ᓈᓴᕆᐅᖅᓴᑎᓪᓗᒋᑦ ᑎᑭᓪᓗᒍ ᐊᕙᑎᓄᑦ ᐊᒻᒪᓗ ᖃᐅᔨᑎᓪᓗᒋᑦ ᖃᓄᖅ ᖁᐃᖅᓱᓕᕋᖓᒥᒃ ᑕᒋᐅᒃᑳᖓᒥᒃᓘᓐᓃᑦ ᐊᑐᖃᑦᑕᕐᓂᐊᖅᑕᖕᒋᓐᓂᒃ.

Notes

ᑐᑭᓯᒋᐊᑲᓐᓂᕈᓐᓇᖅᐳᑎᑦ, ᑕᑯᒋᐊᕐᓗᒍ ᖃᓇᓴᐅᔭᒃᑯᑦ www.fightflu.ca

ᐅᒡᓚᓗᓐᓃᑦ ᐅᖃᓗᒡᓗᑎᑦ 1 800 O-Canada (1-800-622-6232) (ᑐᓵᑦᑎᐊᓐᖓᑦᑐᓄᑦ 1-800-926-9105)

Public Health Agency of Canada | Agence de la santé publique du Canada

Canada